



Luke 4:18-19

18 *“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor.*

He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free,

19 *to proclaim the year of the Lord’s favour.”*

ADVENT REFLECTION

Joy is defined as a feeling of good pleasure or happiness. When do you experience joy? As you read Luke 4:18-19, what words or phrases bring joy to you? Proclaim, sent, freedom, recovery, favour. Jesus is quoting Isaiah 61, read that chapter and reflect on what joy and the Lord’s favour means (verses 4, 7, 8, 10, 11).

My Reflection